

# Sample Spring Menu 2024



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>
Chilled fruit juice Hot breakfast of the day Porridge Choice of cereal Toast & preserves	Chilled fruit juice Hot breakfast of the day Porridge Choice of cereal Toast & preserves	Chilled fruit juice Hot breakfast of the day Porridge Choice of cereal Toast & preserves	Chilled fruit juice Hot breakfast of the day Porridge Choice of cereal Toast & preserves	Chilled fruit juice Hot breakfast of the day Porridge Choice of cereal Toast & preserves	Chilled fruit juice Hot breakfast of the day Porridge Choice of cereal Toast & preserves	Chilled fruit juice Hot breakfast of the day Porridge Choice of cereal Toast & preserves
Mid-morning snack	Mid-morning snack	Mid-morning snack	Mid-morning snack	Mid-morning snack	Mid-morning snack	Mid-morning snack
Fresh fruit platter Yoghurts	Fresh fruit platter Yoghurts	Fresh fruit platter Yoghurts	Fresh fruit platter Yoghurts	Fresh fruit platter Yoghurts	Fresh fruit platter Yoghurts	Fresh fruit platter Yoghurts
<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>
Herby spring chicken pot pie Or Pea, butter bean shakshuka - Croquette potatoes Buttered cauliflower Cut green beans - Rhubarb gingernut cheesecake	Greek lamb stew Or Green spinach & lemon risotto - Minted boiled potatoes Fresh broccoli spears Diced swede - Hot cross bun & lemon bread & butter pudding with pouring cream	Salmon & spring vegetable stew Or Healthy pasta primavera - Dauphinoise potatoes Savoy cabbage Buttered carrots - Caramel apple crumble & Custard	Cottage pie with cheddar topping Or Vegetable cobbler - Buttered boiled potato Tender beetroot Brussel sprouts - Coconut, vanilla & raisin rice pudding	Crispy battered cod & tartare sauce Or Vegetable samosas with mint cilantro chutney - Chips Garden/mushy peas - Chocolate orange tart	Minced lamb filo tarts Or Vegetable sausages & onion gravy - Creamed potatoes Diced carrot Courgettes - Tiramisu	Honey roast gammon & parsley sauce Or Whole wheat pasta with broccoli and almonds - Roast potatoes Green cabbage Seasoned swede - Rhubarb & ginger lattice tart & custard
<b>Afternoon tea</b>	<b>Afternoon tea</b>	<b>Afternoon tea</b>	<b>Afternoon tea</b>	<b>Afternoon tea</b>	<b>Afternoon tea</b>	<b>Afternoon tea</b>
Courgette, potato & cheddar soup/ sandwiches Spring tarts with watercress salsa verde & whipped lemon feta - Soft peaches & cream	Lentil soup Sandwich selection Or Vegetable spring rolls, sweet chilli & rice - Chocolate ice cream roll	Pea & mint & spring onion soup Sandwich selection Or Asparagus & broad bean lasagne - Forest fruit sponge	White onion soup Sandwich selection Or Vegetable cups with chilli & rice - Butterscotch mousse	Chickpea tagine soup Sandwich selection Or Pizza margherita & tossed salad - Poached pears with vanilla & cinnamon	Cream of celeriac soup Sandwich selection Or Egg, chips & beans - Lemon pudding	Spring vegetable soup/ sandwich selection Or Buffet selection - Banana trifle

**Note:** If you would like an alternative option to the menu of the day, please ask to speak with the chef, we will always try to keep you happy with likes & dislikes to food choices at all times

